

IBB Polonia London VC winning streak continues

The series of successive wins goes on. The third win of the season happened on Saturday. This match was away from the "Fortress Brentford". Last Saturday IBB Polonia London Volleyball Club beat London Lynx 0:3 (18:25, 20:25, 20:25) and took away another 3 points.

I'm very pleased with how we managed to play today. In the end we fell into a rhythm during the match. The quality of our play was much better than last week and I feel we have made a large step for-

ward. We are still not at the standard we are aiming for, but if each player continues in the same manner, and each match shows the same improvements for us, then the other teams will find us too tough to handle. - said Head Coach Piotr Graban after the win.

Another win in our account, and without the loss of a set. We looked good on court and the fans enjoyed themselves! The aim for the same level of performance in the next matches. I'd like to invite everyone to come and watch us and support the players. - commented Chairman Bartek Luszcz.

Last week, representatives of the club enjoyed a meeting with the Ambassador of Poland Mr Arkady Rzegocki. The team presented a souvenir match shirt with the Ambassador's name on the back.

Both the club and the Ambassador pledged their continued cooperation commemorating the history of Britain and Poland as illustrated on the current match kit. This year, IBB Polonia London commemorate the Silent Unseen soldiers from the Second World War.

This coming weekend, there is the opportunity to enjoy a wealth of volleyball emotions. The Champions of England, IBB Polonia London, will play two matches. On Saturday they welcome Cheltenham and Gloucester in the early rounds of the KO Cup and on Sunday it is back to the Super 8 National league once again, as Sheffield pay a visit. Both games are being played at Brentford Fountain Leisure Centre at 3pm. Please register on <http://polonia.eventbrite.co.uk> for tickets which are free of charge.





Wessex beaten by IBB Polonia London VC

IBB Polonia London, in the weekend just gone, beat the team of Wessex Volleyball Club 3:1 (22:25, 25:17, 25:20, 25:23). The defenders of the National title managed to take all 3 points after a hard battle.

Today's game was unusual. Neither team managed to maintain a high level of play. This would have been obvious to all of the spectators due to the large number of errors. Games like this are very stressful for the coaches! We must focus better on the match in hand and the opposition. If we could show what we are able to do on the training court, then the game would have been over long before it finished in reality. We have three points, but in order to stay at the top of the table, we must

work hard at every training session. – said the Head Coach of IBB Polonia London, Piotr Graban.

I know our play wasn't at the highest level today. I'm confident that the next games will look better. Despite everything, we won, thanks to the support of our loyal fans and for that I'm very happy. We are very ambitious, and we are aiming for the title once again this year. – said Team Captain Marius Ciortea.

On Sunday, the youth football teams also start-

ed their season, under the watchful eye of Pawel Jurgielewicz every single team won their match! We currently have, three times per week, about 60 children learning volleyball and football under the IBB Polonia London banner.

The men's volleyball team play once again this Saturday. Going into the match as table toppers, IBB Polonia London play at 15.15 on 8th October at University of East London against Lynx Volleyball Club.

Successful season opener

In the first match of the season, the players, under the guidance of Piotr Graban, beat Malory Eagles London 3-0. The victory gave the English Champions three points for their hard work. The team defeated Malory Eagles quite comfortably (25:19, 25:19, 25:17). The match took place in the home venue of Brentford Fountain Leisure Centre in front of the faithful fans. It was great to see so many spectators at the first match of the season.

I think that the game was of a high standard. Both teams managed their parts of the game well. The match was more or less level until the 16 point region in the first set, after which our team maintained a better level of concentration and quality of play. The opponents couldn't cope with the pressure and succumbed to the higher quality of IBB Polonia

London. The same scenario was evident in the second and third sets where we played hard for each point. Each player carried out their fair share of work, and the fans encouraged them vociferously! They are warmly invited back to the next match. – said coach Piotr Graban.

It was great to get back to watching volleyball.

The entire official Fan Club was looking forward to the first match. It's great to see that we have attracted new spectators. We want to develop still further and continue supporting in other ways. It's good to see that IBB Polonia London is the leader in terms of organisation as well as sport in the English League. We aspire to continue to be the leaders in volleyball supporters in the UK. The opponents also had some support during the match and their cheering motivated us even further during the match. – said President of the official IBB Polonia London Fan Club.

The next match will take place on the 1st October 2016 at the home venue of Brentford Fountain Leisure Centre, Brentford at 3pm. The match will be against the team of Wessex Volleyball Club.

